



# TROLLS



## SPORTS CAMPS '19

TRINITY CHRISTIAN COLLEGE



[www.trollssportscamps.com](http://www.trollssportscamps.com)

### Baseball

June 17-21  
Grades: 1-12

Time: 9 a.m.-noon  
Cost: \$100

Benefitting both beginning players and those with more advanced skills, the camp will cover all fundamentals of the game. Campers will learn and play with members of Trinity's baseball team on a college field. Participants must bring their own equipment. Assistant baseball coach Josh Pieper will direct the camp.

### Girls' Basketball

June 10-13 (4 days)  
Camp 1: Grades K-5  
Camp 2: Grades 6-9

Cost: \$95  
Time: 9:30-11 a.m.  
Time: 1:30-3 p.m.

The camp will emphasis fundamental skill development through a variety of games and drills at both beginning and advanced levels to help campers become well-rounded players. Campers will be divided into age appropriate groups. Bill DeRuiter, the head women's basketball coach, will direct the camp.

### Boys' Basketball

June 10-13 (4 days)  
Camp 1: Grades K-5  
Camp 2: Grades 6-9

Cost: \$95  
Time: 9:30-11:30 a.m.  
Time: 12:30-2:30 p.m.

The camp will provide a fun environment and stress fundamental and advanced skills for the beginner as well as the experienced player. Campers will be divided into age and ability appropriate groups to ensure maximal benefit from instruction. Head men's basketball coach, Jason Hawkins, will direct the camp.

### Soccer (Boys and Girls)

June 24-28  
Grades: K-8

Time: 9-11 a.m.  
Cost: \$85

The camp will feature the teaching of soccer skills, rules of the game, and plenty of fun soccer-related games. The campers will be split into age appropriate groups and will receive personal training from head women's soccer coach, Josh Lenarz, and the head men's soccer coach, Eric Salley.

### Softball

June 10  
Camp 1: Grades 2-5  
June 12  
Camp 2: Grades 6-12  
Camp 3: Grades 6-12

Cost: \$100  
Time: 9:30 a.m.-2 p.m.  
Cost: \$85  
Time: 9:30 a.m.-noon  
Time: 1-3:30 p.m.

**Camp 1** is an all-inclusive clinic that will provide individual instruction on all fundamentals and phases of the game in a fun and challenging environment. Lunch will be provided.

**Camp 2** is a Hitting Clinic that will cover swing mechanics, how to hit all pitch locations, how to make in-the-box adjustments, and ways to increase power.

**Camp 3** is a Pitching Clinic that will cover proper mechanics and in-game strategies, and teach drills for increasing velocity, spin, and power of all pitches.

Participants must bring their own necessary softball equipment. Amanda Fazzari, head softball coach, will direct each clinic.

### Track and Field (Boys and Girls)

July 8-12  
Grades: 3-8

Time: 9-11 a.m.  
Cost: \$85

The camp will provide young athletes the opportunity to learn the basics of the sport. Instruction will include sprints, hurdles, high jump, long jump, and throwing events. Bob Brickman, head cross country and track and field coach, will serve as the camp director.

### Volleyball (Boys and Girls)

July 15-18 (4 days)  
Camp 1: Grades: 4-8  
Camp 2: Grades: K-3

Time: 10 a.m.-noon  
Cost: \$95  
Time: 1-2:30 p.m.  
Cost: \$50

The morning camp will focus on the fundamentals of passing, setting, serving and hitting, as well as teach basic offensive and defensive alignments. The afternoon camp will focus on basic skills using age-appropriate equipment and teaching methods to introduce younger children to the game. The camp will be directed by Rob Prohaska, head men's volleyball coach.

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# TRINITY SUMMER SPORTS CAMPS

## Registration Form

Please fill out this registration form completely and send with your full payment to:  
Trinity Christian College, Attn: Athletics Department, 6601 West College Drive, Palos Heights, IL 60463  
or register and pay online at [www.trollssportscamps.com](http://www.trollssportscamps.com)

The registration deadline for each camp is two weeks before the camp begins. Payment is due at the time of registration and no refunds will be allowed after the registration deadline. A medical consent form will be e-mailed to you along with your confirmation. The consent form MUST be completed and turned in prior to the start of the camp in order for the camper to participate.

**Check camp(s) you are registering for:**

Baseball, June 17-21 (\$100)

Girls' Basketball, Camp 1, June 10-13 (\$95)

Girls' Basketball, Camp 2, June 10-13 (\$95)

Boys' Basketball, Camp 1, June 10-13, (\$95)

Boys' Basketball, Camp 2, June 10-13, (\$95)

Soccer (boys and girls), June 24-28 (\$85)

Softball, Camp 1, June 10 (\$100)

Softball, Camp 2, June 12 (\$85)

Softball, Camp 3, June 12 (\$85)

Track and Field Camp (boys and girls), July 8-12 (\$85)

Volleyball (boys and girls), Camp 1, July 15-18 (\$95)

Participant's Name \_\_\_\_\_ Gender  Male  Female

Parent/Guardian Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Guardian E-mail \_\_\_\_\_ Phone \_\_\_\_\_

Grade (fall 2019) \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_

Adult t-shirt size \_\_\_\_\_ or Youth t-shirt size \_\_\_\_\_

I give permission for my child to be included in photographs taken during Trinity Christian College's 2019 summer sports camps. I understand that these photos may be used for educational and promotional purposes in all types of media.

Signature: \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or legal guardian)

How did you hear about Trinity's summer sports camps? \_\_\_\_\_

For more information on the sports camps contact Jenny Fogle in the Athletics Department at 708-239-4779 or [jenny.fogle@trnty.edu](mailto:jenny.fogle@trnty.edu).



6601 West College Drive  
Palos Heights, Illinois 60463  
708-597-3000  
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